

Theosophy in Hawkes Bay
Cedric Alexander Hall, 5 Devonshire Place, Taradale, Napier

PROGRAMME

June - November 2026

Thursday, the 18th of June, 7:00 pm

Potluck dinner at **5:45 pm** before the presentation at **7:00 pm**

Short meditation

Presentation followed by **discussion**

Richard Sell, the National President of TS will share his talk “**The Great Adepts**”.

It is said that the purpose of evolution is the unfoldment of consciousness and that for Humanity, our goal is reached when full union with Spirit is realised. When this glorious state is achieved, the illumined individual is called an Adept, a Master of the Wisdom or Mahatma. What is a great Adept and what is their purpose? Who are these great Beings and how might we become one ourselves one day?

These questions and more are explored in this presentation.

Cup of tea

Thursday, the 16th of July, 7:00 pm

Short meditation

Presentation followed by **discussion**

Valentina Teclici, the primary coordinator of HBAC, will share her talk “**Thich Nhat Hanh’s Lessons on Compassion**”.

Thich Nhat Hanh, “The Father of Mindfulness”, was a Vietnamese Thiền monk, peace activist, founder of the Engaged Buddhism movement and the Plum Village tradition, as well a poet, artist, prolific author, and Zen teacher. Dr. Martin Luther King Jr. even nominated him for the Nobel Peace Prize. His teachings—simple yet profoundly deep—guide people toward a life of mindfulness, joy, compassion and peace, a way of living that benefits both the planet and all beings.

Cup of tea

Saturday, the 22nd of August, 9:15 am – 2:00 pm

Morning tea and lunch provided

Short meditation

Workshop: Compassionate Communication, Part Two facilitated by **Lee-Anne Stone**

Lee-Ann will share in her workshop her knowledge and practical methods and tools to increase our communication. She wrote: “Compassionate Communication is a clear and powerful approach that helps us connect more deeply with ourselves and others. At its heart, it is about learning to listen with compassion and to express ourselves honestly without blame or judgment. By focusing on what truly matters—our underlying universal needs—we can move beyond conflict and misunderstanding into greater clarity, trust, and cooperation. With practice, it soon becomes apparent that it is indeed a profound tool for spiritual growth”.

Reflections

Very important event!

9:30 am Saturday to 2:00 pm Sunday, 12th and 13th of September

Regional Conference "Art and Spirituality – A Sacred Connection"

During this special weekend event, we will engage in art as a spiritual practice, share aesthetic and sacred experiences, celebrate our wholeness and connect with the Divine. The Central Region gathering features speakers, artists, poets and musicians from throughout the central region, as well as from the TSNZ national office. It is a great chance for members in the central region to meet and connect with people from other branches.

Please advise by email to hawkesbayts@gmail.com if you would like to attend the regional conference.

If you are vegan or gluten free, we need to be aware.

The registration fee is \$30 for members. (Non-members \$40)

The deadline for registration is 23 July.

Account Number: 38-9008-024855400

(TSNZ also uses **KIWIBANK** which accepts cash deposits to business accounts at the counter)

Account Name: The Theosophical Society in New Zealand Inc.

Please include in the reference line (at Particular)

Code: **RC**

Reference: Your **initials and surname**

Thursday, 15th of October, 7.00 pm

Potluck dinner at 5:45 pm before the presentation

Short meditation

Presentation followed by discussion

Kirsty Morton, the Vice-President of TS, will share her talk on “Reincarnation - You live, you die – is that it?”

Is there a cycle of life and death which repeats and if so, why? Theosophy teaches that the purpose of human life is spiritual emancipation and claims that the human soul undergoes reincarnation upon bodily death according to a process of karma. Theosophy promotes values of universal kinship and social improvement, although it does not stipulate particular ethical codes or beliefs. “Your purpose in life is to find your purpose and give your whole heart and soul to it” – Buddha.

Cup of tea

Thursday, 19th of November, 7:00 pm

Xmas potluck dinner at 6:00 pm

Short meditation

We will watch the 5 minutes video “**Would you Dare to Question Who you Really Are?**” followed by discussion and reflections on “**How Far Have We Come on our Spiritual Journey?**”

Cup a tea